

iConnectYou Quick Start Guide



INSTALLATION

- Download and install iConnectYou application from Apple Store (iPhone) or Google Play Store (Android)
 - (i) Download instructions available separately
 - Compatibility: Requires iOS 6.0 or later.

Compatible with iPhone, iPad, and iPod touch. This app is optimized for iPhone 5.

Requires Android OS Jellybean and later.

SIGN IN

- Enter your e-mail (user name)
- Enter your password
- Tap "Go" on the keypad.
 - (i) If you do not have an account tap the "Register" button to make your account registration
 - i) If you forgot your password tap the "Forgot Password" button to recover it

••••⊙ AT&T ♥ 11:06 AM Ø I Sign In	■ ••••• AT&T 🖘 12:10 PM 〈 Sign In Forgot Password
iConnectYou	Email
Email Password	Recover
Don't have an account?	
Register Forgot Password	

REGISTRATION

- Complete the account information fields first and last name, email, password (you must type the password twice once in the "Password" field and again in the "Confirm Password" field to ensure you typed it correctly), phone number (use the number of the cell phone from which you run the application), passcode (use the code provided by your company)
- Review the license agreements (tap on the "Terms And Conditions" link) and toggle on the "I Agree with Terms And Conditions" box
- Tap the "Register" button to complete the registration

•••∞ AT&T 🖘 11:06 AM 〈 Sign In Registration	0 -	••••• AT&T Back T
First Name		DO NOT
Last Name		ADVERSI THA
Email		YOURSELF OR TO OTHERS. TO RECE MEDICAL ASSISTANCE, PLEASE
Password		IMMED THE POL
Confirm Password		TE
Phone Number		The infor Mobile Ap
Passcode		and inten participa
Agree with Terms And Conditions		and healthcare services. The participa who receive credentials from the Workplace Benefits to use this Mobile Application are referred to also as
Register		"authoriz and cond
		if you, as these ter
		register v Application button be registere

ICONNECTYOU APPLICATION HOME SCREEN

• Once you login the home screen shown below appears (see left figure) with the company logo and the basic buttons for phone call, video call, IM and SMS.

From the navigation screen (see right figure) you can access:

- <u>Resources</u> list of articles that you can read;
- <u>Communication</u> phone call, video call, IM to chat with counselors, SMS texting and see the history of your actions in the application;
- Account your settings (company, account, passcode, etc.) and sign out from the application.

Use this button to switch to the navigation screen and to toggle again to the home screen.



••• $\circ\circ$ vodafone P 🔝	17:02	ⓐ ∦ 455	% 💶 י
Home			
Resources			
Articles			
Communication			1.0.1
Phone Call			VV
Video Call			
Instant Message)		
SMS			(
History			C
Account			
Settings			
Sign Out			

RESOURCES – ARTICLES

From the application navigation screen tap on the "Articles" from the "Resources" menu; you will see the categories of all articles available for your company. For each category you will see the number of available articles; tap on the category to see the specific articles from the category. If you wish to find specific articles, just type your search criteria in the "Search" box of the Categories screen and you will see the articles that meet your criteria.

① The articles already read by you are shown in grey color.

Tap on the title of the article to open and read it. When the article is opened, use the "Back" button on the top left corner of the screen to return to the list of categories and articles.

●●○○○ AT&T 중 11:02 AM	0 🗖
Categories	
Q Search	
Abuse in Relationships	5 >
Addiction Recovery	5 >
Breavement and Support	5 >
Communication Tips	5 >
Conflict Resolution	5 >
Coping With Crisis	5 >
Coping With Mental Health I	5 >
Coping With Separation or	1 >
Managing Change	5 >
Managing Emotions	5 >
Deletionelie Tier	•••





Guide to Quitting Smoking: Quitting

Steps to Take on Your Quit Day

Today's the day you start your smoke-free life! Remind your family and friends that today is your quit date. Ask them to support you during the first few days and weeks. They can help you through the rough spots.

Using Your Support Program

If you decided to use a support program, use it fully. Go to the sessions. Call your program's telephone "quitline." Visit their Internet site. The more support you get, the more likely you will quit for good.

.. .

5

iConnectYou

Quick Start Guide

COMMUNICATION

From the "Communication" menu you can perform the following actions:



Phone Call – make the phone call to the company given phone number; you can also use the green "*Call*" button to make this call.

I Note: the call will be made directly from your cell phone, not within the application.



Video Call – request a video call; you can also use the blue "Video" button to make this call. See the Video Call image on the right for details.

• Note: dedicated iCY Counselors will be able to take your video call.

SMS – send an SMS; you can also use the green "*SMS*" button.

• Note: Using this function may imply international roaming charges.



Instant Message – Request a text based chatting session; you can also use the blue "*IM*" button to request the chat session.

• Note: dedicated iCY Counselors will be able to chat with you.



 History – see the history of your actions in the application; the Request History screen shows the history of your appointment requests, phone, emergency and video calls, SMS, etc.
See the left figure below for details.

•••••• AT&T 🖘 11:07 AM 🛛 💶 Request History				
Request Type	Date			
Appointment Request	03/28/2014 12:17 PM			
SMS	03/28/2014 12:13 PM			
SMS	03/28/2014 12:13 PM			
Video Call	03/28/2014 12:11 PM			
Appointment Request	t 03/28/2014 11:54 AM			
Phone Call	03/28/2014 11:54 AM			
SMS	03/28/2014 11:46 AM			
SMS	03/28/2014 11:45 AM			
SMS	03/27/2014 09:10 AM			
Phone Call	03/24/2014 14:27 PM			

ACCOUNT - SETTINGS

 From the application home screen tap on the "Settings" from the "Account" menu; the Settings dialog shown below appears. Here you are able to see the names and identifiers of your company and account, the current pass code, as well as iConnectYou client application version. Company Account Current Pass Code App Version 1.1

7

Quick Start Guide



